

The School Spirit

Tips for High School Seniors on College

Destiny Riffe

*Before deciding on your future

career, go check it out on campus and be sure that it is what you really want to

do! A lot of you will change your mind a hundred times before finally deciding.

*Learn to do stuff on your own. Create a bank account close to campus. Fill out your FAFSA. It'll help you in the long run when mom/dad can't do it for you!

*Get a part time job. Sure, right now that sounds like a bad idea, but it'll help you with time management, and if you can get one in the field of what you're majoring in, it looks really good on a resume.

*Get to know your professors. Don't just sit back and be shy; ask questions and make comments.

*You're an adult now. Hard to believe right? Just act like it and be professional.

*Make a to-do list to keep yourself organized.

*Create a resume! It'll come in handy. You might not think so now, but trust me, you'll need it!

*Be confident in yourself. Try going out of your comfort zone. It's time for new things!



*If you're the shy one and need an extra class, TAKE PUBLIC SPEAKING! It can work miracles. You'll be so glad you did.

*Keep an open mind. Never be too quick to judge something or someone.

*Let your parents help you. You need to learn to be independent, but also you're their baby and you always will be. This is hard for them too.

*SHOW UP TO CLASS! You don't want to miss that random pop quiz from your new favorite professor or the extra credit for attendance. You'll need it.

*Attend school activities, such as club-sponsored events and sports games. If you don't, you'll look back and wish you did.

Track

Chesney Hudson

The boys and girls track teams participated in a track meet at Ripley on April 5th. For the boys 1600 meter run, Bryce Jarrell took first place and finished with a time of 4 minutes 51 seconds and he also placed fourth in the 800 meter run with a time of 2 minutes 13 seconds. Also for the boys in the 3200 meter run Blake Jarrell received second place with a time of 10 minutes 50 seconds. The 4x800 relay team consists of Jonathan Standridge, Chris Murray, and Blake and Bryce

Jarrell. The relay finished in 6th for this meet. The girls track team were also involved in this track meet. They brought in all their points with their relays. Members of the 4x400 relay team are Josie Hayman, Larissa Hayman, Autumn Hood, and Marissa McCoy. Members of the 4x200 team are Sheridan Hinzman, Chelsea Icenhower, Taylor Love, and Kylee Williams. The 4x800 team members are Cassidy Anderson, Josie Hayman, Larissa Hayman, and Taylor Love. The 4x400 team placed fourth, the 4x200 team placed fifth and the 4x800 team placed sixth. The boys and girls next track meet was at Point Pleasant on April 14th. For the boys, Sawyer Weekley and Alex Easthom participated in long jump. Weekley finished second with a jump of 19.4 feet. Easthom finished fourth with a jump of 18 feet. Bryce Jarrell was the only boy to participate in the 3200 meter run and finished fifth with a time of 10 minutes 25 seconds. Participating in the 1600 meter run was Blake Jarrell, who finished sixth with a time of 4 minutes 53 seconds. Dylan Henry was the only member of the boys team to run the 110 hurdles in 19.28 seconds. For the girls track team, the 4x200 team finished sixth place in 2

minutes 13 seconds, and the 4x800 team also finished in sixth with a time of 13 minutes 19 seconds.

Computer Games

Drew McDowell

If you are stressed because of school and work then sit down and play some computer games. Beware, however, because these games might be addictive and interfere with your work. Once the work is done, try these games.

Slope game on y8.com is fun and very entertaining, but it is difficult. The objective of the game is to stay on the neon green path by using the arrow keys. If you fall off or hit the red squares, you have to start over. The farther you go the faster you go and it's harder to stay on the path. Many people can't stop playing the game once they start because it is addictive. If you're up for the challenge, go to y8.com!



Agario is another fun and challenging game. The objective of this game is to make your cell bigger by eating smaller cells. The bigger your cell is the slower you go and if you are little you go faster. If you get eaten by a cell bigger than your own, you die and have to start over. If

you hit the green spike cell you burst into many smaller cells making it easier for you to get eaten. You can play on teams or alone. You can also change the color of the map and put your name on your cell. This game is also addictive, so use caution.

Tennis

Grace Weekley

The Ravenswood High School tennis team has had a great season so far. Out of the total fifteen matches they've played eight so far, four home and four away. The competitors have played Fairmont Senior, East Fairmont, Williamstown, Ripley, St. Marys, Oak Glen, Wheeling Central, and Ritchie. The tennis team was planning on playing Sissonville at home on April 13th, but they had to cancel. The tennis team's number one boy, freshman Max Hilton, has had an extremely impressive season. By winning all of his singles and doubles matches with the exception of one singles match, the rest of his high school tennis career looks bright. A special shout out goes to the girls' number three doubles, senior Allie Adkins and junior Cheyenne Curtis. They have done well this season, winning five matches and losing four. For this being Cheyenne's first year of playing tennis in high school and Allie's first year as a non-exhibition player, their improvement is easy to see and we are all so proud! We

are all anxious to see how this young team does at Regionals and States!

Red Devil Baseball

Blake Bennett

The Red Devils are off to a good start this season with a record of 7-2. While very young, they are still playing as a well - rounded unit. The team started their season off against the St. Marys Blue Devils. Ravenswood was too much for the Blue Devils as Ravenswood won 20-3. Their next two games were a double header against Braxton County. The Red Devils won the first game 12-7 and the second 6-5. Next, they played the Ritchie County Rebels. The Devils routed the Rebels 15-1. The Devils then played Roane County and beat them 17-2. The next game would be one of the toughest challenges the Devils faced all year. They were going up against the Ripley Vikings, a top five team in AAA. The Vikings gave the Devils their first loss of the year 10-0. The Devils then jumped back and beat Lincoln County 18-4. They then traveled to Parkersburg Catholic for their next game, where they beat the Crusaders 14-2. The Devils were back at home on April 6. The Jackets handed the Devils their second loss of the season with a 7-4 win. The Devils tried to come back with a win, but they fell to the Poca Dots. Ravenswood got back on the winning side of things as they

beat Point Pleasant 4-3. The Devils came back home and crushed Southern 25-5. The next night they were ten runned by Buffalo. The Devils then ten runned Wirt County the next evening. Ravenswood's next game would be a challenge as they faced the Sissonville Indians. Both teams were in the top 10 of AA. The Devils fell 7-6 in a heartbreaker. The Devils then hopped back and beat both Ritchie County and St. Mary's.

Softball

Kendall Bowen

To start the season off, the Devilettes fell to the Blue Devils 13-3 in five innings at Belmont on March 24th.

Though the Devilettes out hit the Blue Devils 8-5, they had a hard time scoring runs. Playing



center field, junior Claudia Cubides led at the plate going 3-3 and a run scored. Catching for the Devilettes was junior Bayli Manns who went 2-2 with a double and two RBI's. Jala Sayre, Skylar Mace, and Kendall Bowen added a hit each. Kendall Bowen and Skylar Mace both scored a run. Desirae Lester was the starting pitcher for the Devilettes, pitching one and one-third inning, no strikeouts, six walks, and allowing four hits. Kendall Bowen eventually came in striking out none, walking six, and allowing one hit.

Next, the Devilettes were defeated by the Yellow Jackets 12-2 at Williamstown in four innings. Kendall Bowen led at the plate going 2-2 with a home run and an RBI. Sidney Smith and Desirae Lester added a hit each. Desirae Lester took the pitching loss, striking out four, walking nine, and allowing eight hits.

Then, the Devilettes split with Tyler Consolidated at a double header on opener at Eastwood losing 16-9, and winning 15-7. Tyler had a total of 31 hits in the first game. Desirae Lester took the pitching loss for the Devilettes, striking out four, walking eight, and allowing 14 hits. Kendall Bowen and Claudia Cubides led at the plate. Kendall Bowen went 2-4 with a home run and three RBI's while Claudia Cubides went 3-4 with a home run and RBI. Katie Mellinger also went 3-4 with a RBI. Skylar Mace and Ashley Johnson both went 2-4, with a triple and RBI. Desirae Lester and Sidney Smith each went 2-4.

In the second game against Tyler Consolidated, Ravenswood got the win, 15-7. Desirae Lester got the pitching win for the Devilettes with no strikeouts, one walk, and allowing five hits. Kendall Bowen also pitched, striking out none, walking three and allowing no hits. Desirae Lester, Claudia Cubides, and Skylar Mace led at the plate. Desirae Lester went 4-4 with two doubles

and four RBI's; Claudia Cubides went 2-5 with a homer, double, and three RBI's; and Skylar Mace went 2-4 with a homer and two RBI's. Kendall Bowen went 2-5 with an RBI. Tiffany Highly 2-4 with an RBI; Jala Sayre 2-3; Ashley Johnson 2-4; and Sidney Smith 1-3 with an RBI. The Devilettes then traveled to Calhoun for a double header and got two wins. They were later defeated by Roane County, and got a win against Magnolia.

Allergy season tips

Alison Fetty

As we all know allergy season is upon us. Many people have stuffy noses, a cough, watery eyes, everything that no one wants to deal with. Here are a few tips to keep you healthy during allergy season.

*Determine if it really is allergies first; if symptoms last longer than two weeks it's probably allergies.

*Head to the drug store for symptom relief.

If you don't like taking medicine, try a saline nasal rinse.

*As soon as you get home, take off your clothes and change into something else, so you aren't dragging around pollen through your house.

*Check the pollen counts for outside. If wanting to do some outdoor exercise or work, maybe hold off a day until pollen counts go down.

*Wear a mask when you go outdoors, so you're not inhaling the pollen.

*Take allergy symptoms seriously; overdoing it can make you feel worse.

*Place air filters inside your air conditioning vents to catch the pollen before entering the house.



*Try a dehumidifier.
*If over the counter medicine

doesn't seem to work, go see a doctor.

*Do your spring cleaning when the pollen peaks are low.

Hopefully these tips will allow you to enjoy the warm weather outside, as well as your time inside.

Horoscopes for the 2016 year

Ashley White

Aries (March 21 - April 19) - Your goals are near, and you will be getting chances to reaffirm your values/ideals in life. Luck and fortune will come your way. Everything is going in a positive direction for you except for the love and family area. This year is a great year for you to take risks in the financial/career field. Make sure you don't let your impulses lead you, they will leave you in more trouble than you can imagine.

Taurus (April 20 - May 20) - A great social life and good

times with your friends and family are headed your way. This year you are going to be busy with activities, travels, hard work, and rough schedules so be sure not to procrastinate as it may leave you having serious repercussions in your life. Also try to avoid any wrong doings in the personal/professional area as it will bring you worries and anxieties.

Gemini (May 21 - June 20) - You will be able to pursue goals and ambitions that you have been striving for for a long time. This year promises you many good opportunities along with an optimistic view. Make sure to take precautions when dealing with financial aspects and your love life. Also remember to look with a new perspective for this time period.

Cancer (June 21 - July 22) - This year you need to come out of your shell and make your position in life well known despite what others might think. Put worries and anxieties aside and allow your confidence and energy to make an appearance in your life. There are many new opportunities available for you, but make sure to avoid daydreaming and start focusing on your intuitions.

Leo (July 23 - August 22) - A great deal of resources, energy and ideas are heading your way. This year you will learn to lead a simple life despite

your nature of being showy. Also this year there are troubles to come so make sure to be discrete and choosy in your ways. You are going to want to get a fair dose of freedom and independence in your personal/professional life. Learn to trust your instincts.

Virgo (August 23 - September 22) - You have a very positive and optimistic period ahead. Maturity is definitely going to make an appearance this year. Socializing/friendships are going to be a highlight for you. Some events this year may bring down your emotional/physical self so try to make wise decisions. Keep your eyes and ears open for new ideas and new paths. Make sure to let your creative side out, as it will repay you later.

Libra (September 23 - October 22) - A new cycle of events is promised to you this year along with many changes that have been awaiting. Peace/harmony and stamina are going to be at an all time high, but make sure you don't take on more than you can handle. Also try to bring balance between your personal and professional life this year; you will need it.

Scorpio (October 23 - November 21) - This year holds new promises and insights for you along with being able to get out of situations that have been around for quite a while. As

for your personal/professional life there are going to be some new opportunities for you to grasp. Also make sure to be alert as there are situations around you that can take hold of your ambitions this year. Try to face your problems as they come along and hold no grudges.

Sagittarius (November 22 - December 21) - All of your events this year are going to be focused on your future and you entirely. You will be getting a better perspective of your life and you will handle things more maturely. You will be able to make important decisions about relationships in your life and do not hesitate to cut off certain unwarranted relationships due to them holding you back from your freedom, independence, and growth.

Capricorn (December 22 - January 19) - 2016 holds ample room for new opportunities and goals that you may be pursuing. Also there is going to be much growth and development in all phases of your life, though not much of your works or efforts will be appreciated but don't let that put down your spirit. Try to get rid of any negativity around you and enjoy the freedom life has given you.

Aquarius (January 20 - February 18) - As far as your social and personal life is concerned, this is going to be a good year for you. However,

you may need to make some painful decisions but they will do you more good in the long run. Let your arguing and fighting nature come to a stop and let harmony and peace be present around you.

Pisces (February 19 - March 20) - This year you will be able to make some stable decisions about your future and goals. Restrictions that have been holding you back will vanish this year and be prepared to make very tough decisions. Beware of friends deceiving you. Make sure to not get distracted and keep your focus on your goals and keep striving for the future.

Research papers

Colten Stovall

It's that time of the year when you have to "slay the dragon," as Mr. Anderson would say. Toward the end of every year, juniors do a research paper on a controversial issue, and seniors one on an ancient time period, such as the Renaissance or Middle Ages. It is worth a substantial percent of your grade. You must create Bibliography cards for your sources; take three different types of note cards (paraphrase, quotation, and summary); develop a thesis statement; and complete an outline. This project can help you or hurt you. Hopefully help!

When doing your research paper, put everything you have into it. Everything you learned from

Ms. Boley and Ms. Carmichael in previous years apply. Do not leave out any sources. Punctuation, spelling, authors' name, etc., it's not a high school requirement, but you might as well go school shopping for next year if you fail or don't do it all.



This paper may drive you INSANE!!!! You've seen them. Students lurking everywhere desperate for help, misplacing cards or dropping them in the hallway, frantically searching for a printer to use as the due date looms near. Yeah it's a hassle and possibly a health hazard, but it's worth it in the end. Keep up with the deadlines and you can brag to your friends about slaying the dragon.

Upcoming testing

Aspen Sheets

All WV students in grades 3-11 have to take the General Summative Assessment. The General Summative Assessment, an online test containing items aligned to the state-approved content standards, is used to measure academic progress for students and schools in West Virginia.

This year all schools will be assessed in math and English; in addition,

sophomores will take a science test.

The math and English tests are each comprised of a Computer Adaptive Test and a Performance Task, while the science test has two sessions. The English Language Arts (ELA) Performance Task consists of two parts. During part 1, students are presented research sources that they use to answer an initial set of questions. During part 2, students are presented the same sources as in part 1 and are given a writing prompt. Students must use the sources, along with their notes and responses from part 1, to write a fully developed essay using evidence from the sources.

The math course consists of numbers and quantity, algebra, functions, geometry, statistics and probability. There is also a lot of problem solving/modeling and communicating reasoning.